

Examinations:

Examinations for Technologists



Board of Registered Polysomnographic Technologists (BRPT)

To apply to become a Registered Polysomnographic Technologist (RPSGT)

For new RPSGT candidates:

Step 1: Read the Candidate Handbook

All RPSGT new candidates are expected to have thoroughly read the RPSGT Candidate Handbook. Candidates should be familiar with the requirements for our Eligibility Pathways, policies and procedures, and Standards of Conduct. Virtually all of your questions can be answered in the Candidate Handbook.

Step 2: Review the Eligibility Criteria Choose your Eligibility Pathway

After reading the RPSGT Candidate Handbook, visit our Eligibility Page to review the Eligibility Pathways. In order, to qualify for the exam you must meet the eligibility requirements of a listed Eligibility Pathway. Make sure you have the documentation required for your Eligibility Pathway.

There are 6 eligibility pathways for the RPSGT exam:

- **RPSGT Pathway 1: Clinical Experience.** *For candidates with a minimum of 1,638 hours of experience in the field and who have also completed a STAR-designated Self-Study education program.*

RPSGT Pathway 1: Clinical Experience

Candidates for Pathway 1 must:

Complete:

1. A **STAR-designated Self-Study education program** within a 3-year period prior to the exam.
2. A minimum of 1,638 hours of clinical experience that includes on-site polysomnography duties performed as direct patient recording and/or scoring.
3. Clinical experience within a 3-year period prior to the exam.

STAR-Designated Self-Study Education Programs

STAR Code	Program Type	Program Name with Links to Site
SS001	Self-Study	Atlanta School of Sleep Medicine Online Foundation of Sleep Technology
SS002	Self-Study	AASM A-STEP Self-Study Modules
SS003	Self-Study	American Sleep and Breathing Academy BRPT Exam Modules
SS004	Self-Study	Sleep Multimedia Online Modules

Submit:

1. Proof of completion of secondary education. Proof can include high school or college unofficial transcript, official transcript or copy of the diploma.
2. Proof of completion of the required STAR education.
3. Documentation of current BCLS certification or equivalency.
4. Verification of Experience section on application must be completed.

- **RPSGT Pathway 2: Healthcare Credential.** *For candidates with a minimum of 546 hours of experience and who have another healthcare credential.*

RPSGT Pathway 2: Healthcare Credential

Candidates for Pathway 2 must:

Complete:

1. A minimum of 546 hours of clinical experience that includes on-site polysomnography duties performed as direct patient recording and/or scoring.
2. Clinical experience within a 3-year period prior to the exam.
3. Must have current allied health credential listed on our **List of Accepted Allied Health Credentials**.

Submit:

1. Proof of a current and accepted healthcare credential.
2. Documentation of current BCLS certification or equivalency.
3. Verification of Experience section on application must be completed.

Please Note: The CPSGT Credential is not accepted as a healthcare credential for this pathway. International candidates should see Pathway 5 requirements.

- **RPSGT Pathway 3: CAAHEP/CoARC Student.** *For graduates of a CAAHEP or CoARC-accredited polysomnography education program.*
- **RPSGT Pathway 4: Focused Training.** *For candidates with a minimum of 819 hours of experience in the field and who have also completed STAR-designated Focused education, or a combination of Self-Study and Focused 2 education.*
- **RPSGT Pathway 5: International Option.** *For international candidates with a minimum of 546 hours of experience in the field.*
- **RPSGT Pathway 6: Expired RPSGT Credential.** *For individuals who have possessed an active RPSGT credential within the past 5 years that is currently at least 1 year expired. You must apply and pass the examination within 1-5 years of your credential expiration date*

For the majority of Irish applicants applying for the RPSGT you will follow Pathway 1 or Pathway 2. Please check the BRPT website to access your own eligibility. www.brpt.org

Step 3: Complete the RPSGT Exam Application

Once you have gathered documentation of your eligibility, you need to complete the RPSGT Exam Application. *All new applicants must submit a paper application with original ink signatures via mail. Please note the application can NOT be faxed or emailed.*

Step 4: Check Your Email and Schedule Your Exam

Candidates will receive an email to the address provided once approved. Approval emails are sent approximately 10 business days or 2 weeks after the application has been received. Candidates will then contact Pearson VUE Testing Centers, BRPT's testing partner, to schedule an exam date. Pearson VUE's contact information is provided in the approval letter.



1st ESRS Technologist Examination in Sleep Medicine

The European Sleep Research Society (ESRS) Board is pleased to announce the first examination of the certification in sleep medicine for sleep technologists which will take place on

**Tuesday, 16 September, 17:30 – 18:45 and
Wednesday, 17 September, 17:00 – 20:00**

at the ESRS/ESST Congress in Tallinn, Estonia.

Please find below some information and instructions on the application process.

The examination will consist of two components. The first part will be a written test consisting of 50 multiple-choice questions to be completed on-site. The questions will be based on the content of the 10 chapters of the ESRS Catalogue of Knowledge and Skills for Sleep Medicine. 23 questions will be related to chapter B (Sleep Diagnostics) and the other 27 will be related to topics from chapters A, C-J. A suggested reading list will be provided. Cut-off for successfully pass this part of the examination is 50% of correct answers. The second part of the examination will focus on practical skills. This part will involve sleep staging, event scoring and interpreting 2 excerpts from PSG recordings and also a full MSLT recording. All consecutive 30-second epochs will be printed on paper. Scoring will comply with the AASM rules version 2.0 (Oct. 2012). Successful candidates will have achieved an 85% concordance with the panel of experts. The practical examination will be held on **Wednesday 17 September 17:00- 20:00**. Both parts must be successfully passed in order to qualify for certification.

This will be the first technologist examination directed exclusively at "grandfathers" and "grandmothers". "Grandparenting" is a procedure which applies to professionals with wide experience in sleep technology, medicine and research. It is envisioned by the ESRS that the "grandparents" in this context may take the lead in future European and National activities to promote sleep medicine professionals.

Technologists, nurses, and other sleep professionals that wish to take the examination should:

- Possess a relevant university degree in sciences or psychology (please enclose copy of degree). Candidates who possess the RPSGT qualification will also be considered.
- Have at least 8 years post graduate experience in performing, scoring and analysing polysomnography and Multiple Sleep Latency Test (MSLT) and Maintenance of Wakefulness Test (MWT) procedures, polygraphy and actigraphy studies.
- Have experience in the diagnosis and management of a full range of sleep disorders
- Have a very good knowledge of sleep physiology and pathophysiology obtained through recognised and accredited sleep education courses and meetings, particularly those recognised and accredited by national and international sleep societies.
- Have held either a supervisory or leadership role in a sleep facility.
- Please note, the examination and instructions will be written in English, therefore candidates must have a good command of English.

In addition applicants should:

- *Be proposed for eligibility for the exam by the clinical director of their sleep centre or a member in good standing with the ESRS that can vouch (in English) for their experience.
- *Submit a detailed CV with relevant education and employment history plus scanned copies of relevant qualifications, and meeting attendance certificates.
- Be a current ESRS members
- Pay the examination fee

(*Please prepare the mentioned documents before starting with the application)

Other candidates that feel they may fulfil the eligibility criteria please contact:
esrs@congrex-switzerland.com

The successful candidates will be conferred the ESRS qualification title of "Somnologist – Technologist."

The examination fee is €375.- payable at submission of application. Included in the fee is a non-refundable €90.- application fee, rejected applicants will receive a refund of €285.- .

The online application will open on 15 January 2014.

Application will close on 3 April 2014.

You will be notified about acceptance of your application in June 2014.

For any questions please contact:

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For further information please visit www.esrs.eu