

# Irish Sleep Society

Newsletter November 2005

## *ISS on a Formal Footing*

On 24<sup>th</sup> September an Extra Ordinary General Meeting took place in Dublin to agree a constitution and elect a committee. Dr Catherine Crowe delivered a workshop on polysomnography, which covered aspects relating to analysing full sleep studies.

The business part of the meeting then took place and after some discussion, minor changes were agreed and the members present adopted the constitution unanimously. The election of the committee was a brief affair with all agreeing that as we are in our early days any member interested in being involved should be made very welcome. As a result we have 14 on the committee!

The meeting concluded with an interactive workshop regarding CPAP therapy, delivered by Dr Richard Costello.

The new committee met on 5<sup>th</sup> November to elect the executive committee and set up subcommittees. The Education subcommittee will present findings on their first task at the AGM in February

## **FOOD FOR THOUGHT**

The BRPT exam will be available for the first time outside the US this year. It is hoped that we will be able to sit this exam in Dublin in 2006.

Contact: [www.brpt.org](http://www.brpt.org)

## **Forthcoming Events**

### **Irish Sleep Society – AGM**

25<sup>th</sup> February 2006, Great Southern, Hotel, Dublin.

[Further details to be announced](#)

### **Sleep Medicine Course**

27<sup>th</sup> March-April 1<sup>st</sup> Royal Infirmary of Edinburgh. Further details and registration:

[www.show.scot.nhs.uk/sleep/index.htm](http://www.show.scot.nhs.uk/sleep/index.htm)

### **British Sleep Society,**

#### **Spring Meeting, 2<sup>nd</sup> – 4<sup>th</sup> April 2006,**

Royal Agricultural College, Cirencester, Gloucestershire. Further details and registration:

[www.sleeping.org.uk](http://www.sleeping.org.uk) or [www.rac.ac.uk](http://www.rac.ac.uk)

## **Comments for Committee**

Any comments or ideas you have for the committee regarding the society can be sent to:

[irishsleepsociety@st-vincent.s.ie](mailto:irishsleepsociety@st-vincent.s.ie)

## **EXECUTIVE COMMITTEE:**

**President:** Walter Mc Nicholas

**Secretary:** Geraldine Nolan (Lawless)

**Treasurer:** Catherine Crowe

## **Ordinary Members:**

Deirdre Mc Swiney, Brenda Aiken, Ed Cotter

Contact details: [irishsleepsociety@st-vincent.s.ie](mailto:irishsleepsociety@st-vincent.s.ie)